BECOME AN ACE MENTOR!

Website: stonybrook.edu/sasc Email: SASC@stonybrook.edu Phone: (631) 632-6748 **Location:** Student Union, Suite 107 **Office Hours:** Mon to Fri, 8:30AM - 5:00PM

WHAT IS THE ACE MENTOR PROGRAM?

ACE is a year long program that pairs new underclassmen with an upperclassmen to help the new students adjust to college life. Mentors meet with mentees, create and run events for mentees, and meet weekly with each other to learn how to better their mentoring skills.

AS A MENTOR YOU WILL...

• Be paired up with an underclassman mentee.

SKILLS DEVELOPED

- Communication
- Active Listening
- Interpersonal Skills
- Building Rapport & Trust
- Coaching
- Problem Solving
- Identifying Barriers
- Accessibility
- •
- Help your mentee develop a more autonomous skill set while transitioning to the SBU community.
- Attend weekly mentor meeting
- Make connections with the other ACE members
- Host fun and relaxing events

Awareness

- Leadership
- Mentoring

HOW TO SIGN UP TO BE AN ACE MENTEE:

Complete our Sign Up Form by scanning the QR Code!

If you have questions or need assistance completing the form, please email us at SASC@stonybrook.edu



