The Center for Medical Humanities, Compassionate Care and Bioethics

GRAND ROUNDS

Thursday, April 3, 2025
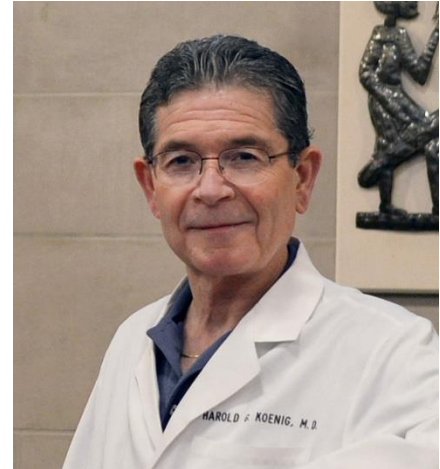**Location: Zoom** *(RSVP for link)*
4:00pm- 5:30pm EST

RSVP here or
bioethics@stonybrookmedicine.edu

Religion, Spirituality and Health: Research and Clinical Applications

Harold G. Koenig, MD, MHSc.

Dr. Koenig will provide definitions for the terms religion, spirituality, and secular humanism. You will then review research on religious/spiritual involvement and mental health, social health, behavioral health, and physical health. A theoretical model will then be presented helping to explain these relationships based on the available evidence. Finally, clinical implications and applications will be reviewed, and further resources for more information will be provided. There will be ample time reserved for discussion.

Dr. Koenig received his undergraduate education at Stanford University, medical school training at the University of California, San Francisco, and geriatric medicine and psychiatry training and Master of Health Science degree in clinical research from Duke University. He is board certified in general psychiatry, and formerly board-certified in family medicine, geriatric medicine, and geriatric psychiatry. Dr. Koenig now serves as Professor of Psychiatry and Associate Professor of Medicine at Duke University Health Systems. He has nearly 650 scientific peer-reviewed academic publications, more than 100 book chapters, and 66 books in print or preparation. Dr. Koenig is the lead author of the *Handbook of Religion and Health*, 3rd edition, 2024 (>1086 pages), with professors Tyler VanderWeele (TH Chan School of Public Health at Harvard University) and John Raymond Peteet (Department of Psychiatry at Harvard Medical School). In 2022, Dr. Koenig was ranked #1 in the world (lifetime) among highly ranked scholars in the academic discipline of spirituality and health. In June 2023, Dr. Koenig was ranked 10th in the world by Research.com in the overall category of Best Social Sciences and Humanities Scientists and was ranked 7th best in the United States.

To learn more about the **MD with Scholarly Concentrations in Medical Humanities and Ethics track**, the **Master of Arts** program, and **Center for Medical Humanities, Compassionate Care and Bioethics**, please visit stonybrook.edu/bioethics